



Why write?

To explore ideas and how you feel... to connect... to communicate... to get creative, to learn... for wellbeing, for enjoyment!



Weekly prompts

Christine and I offer a fresh look at 10 curious objects in the museum, with ideas and tips for drawing and writing about them. Join in any or all of the sessions, with a chance to submit your work for public exhibition in Spring 2021.



Where to start?

- Allow time and space in the day to enjoy creative activity at home.
- Write anything that comes to mind.
- Don't worry if you don't know where it's heading, being open and exploring the unknown is all part of the process.
- The aim is creativity not perfection.
- Find out what lies under the surface of your story, and that of others.
- Visit the museum and take a closer look at the objects, find your own objects at home.
- Join our creative community and share your ideas, writing and drawings.



LYME REGIS MUSEUM

Museum at Home

conversation and creativity with 10 remarkable objects
from the museum collection
with poet Sarah Acton and artist Christine Allison